

## Women's Health Project

Baggot Street Clinic  
19 Haddington Road

Admin.whp@hse.ie  
www.womenshealthproject.ie

Wednesday 2-5pm  
Thursday 8.30-10.30pm

No Appointment necessary

## Aims and Objectives of WHP

- To promote the health and wellbeing of women involved in all areas of prostitution
- To provide a client centred service to an isolated and marginalised group
- To promote awareness and understanding of the complexities of women in prostitution
- To provide a link and be a resource to other agencies who work with women involved in prostitution
- To offer individual assistance to women in need of support and work with women who are ready to exit prostitution
- Care plan and key work potential/victims of trafficking for sexual exploitation on behalf of HSE

## Drop In/Clinical Services

- Medical and Nursing support
- STI/cervical smear screening
- Viral blood testing and vaccinations
- HIV prevention and support
- On site treatments and referral for gynaecological, HIV and Hepatitis treatment
- Contraception and crisis pregnancy info
- Referral to maternity hosp, IFPA, clinics in EU for top
- Needle exchange, Drug assessment, methadone programme
- On site or telephone translation services
- Community Welfare Services
- Outreach to streets/ parlours
- Education/ training to individuals, NGO and statutory organisations

## WHP trafficking response

- Endorse definition of prostitution and trafficking as acts of Violence against Women
- Committed to developing exit strategies from prostitution
- Actively involved in counter trafficking working groups- e.g. DOJ Anti-Human Trafficking Unit
- Partnership approach to care for best practise in relation to victims of sexual exploitation e.g. EU Dignity project
- Provision of health information in different languages
- Policy to always see clients alone( allow space for disclosure)
- Interpreter to be used on 1<sup>st</sup> visit with clients to explain the service
- Care plan and key work individual women who are suspected of being trafficked for sexual exploitation

## Profile of Women attending the Sexual Health Clinic 2008

~ Total Attendees		221
~ New		125
~ Nationalities	Irish	48
	U.K.	9
	International	164
~ Opiate dependant		26
~ Place of Work	Indoor	180
	Outdoors	41

## Country of Origin 2008

Brazil	79	Ireland	48	Croatia	1
Nigeria	20	Italy	2	Mozambique	2
Spain	8	Kosovo	2	Scotland	2
Romania	9	Latvia	3	Spain	2
South Africa	5	Lithuania	4	Botswana	2
English	6	Liberia	1	Slovakia	2
Ghana	2	Mongolia	4	Wales	1
Portugal	4	South America	2	Argentina	2
Congo	1	Sierra Leone	1	Rwanda	1
Chinese	1	Hong Kong	1	Egypt	1

## Jan-Aug 2009

~ 97 new service users	
~ 9 Irish	
~ 88 international	
~ 19 African (10 Nigerian)	
~ 46 South American (44 Brazilian)	
~ 5 eastern Europe (2 Czech)	
~ 18 west Europe (12 Spanish)	

## Care plans

- ~ A care plan is a written structured , plan of action for patient care, based on holistic assessment of patient need, identification of specific patient problems and the development of a plan of action for their resolution. (Mason 1999)
- ~ Strategy designed to guide health care professionals involved with patient care. Plans are specific and meant to address the total status of the patient.

## Fundamental beliefs

- ~ Patient is approached as whole person with a unique background and environment and a set of strengths, behaviours and problems
- ~ Not a passive recipient of care
- ~ Participates in all steps of the process
- ~ Main goal is eventual independence or optimum level of functioning
- ~ Physical and emotional health are interconnected and care plan should incorporate this concept

## Process

- ~ First step in care planning process is accurate and comprehensive assessment
- ~ Then a problem list is generated
- ~ Set of goals to solve or improve problems
- ~ Goals should be specific and measurable
- ~ If problem is not likely to improve and deterioration is inevitable, goal should be to provide optimum quality of life
- ~ Decide on interventions necessary to meet goal
- ~ Needs to be fluid and changeable as patient status changes

- ~ Women's health project devised a care plan in £9 for trafficked women based on Human needs model /Dorothy Orem ( seek independence)